

Arvada West Veterinary Hospital
5736 Ward Way
Arvada, CO 80002
303-467-0345

Neuter & Spay Home Care Instructions

Proper home care is a large responsibility and plays a major role in your pet's recovery.

Your pet is recovering from surgery and the following recommendations will help ensure a smooth and complete recovery. We suggest that, for several days following discharge from the hospital, you closely observe your pet's eating and elimination habits, and protect your animal from exposure to wet conditions and temperature extremes.

DIET: Limit food and water for the first several hours to about ½ the normal amount for 6-8 hours.

EXERCISE: Restrict activity to a moderate level for 10-14 days. This includes play with other pets. Keep cats indoors and ensure that your dog's activity is kept to a minimum in your yard.

SURGICAL INCISION: Please keep the incision clean and dry. Observe it daily for signs of excessive licking, redness, swelling, discharge, or pain. If your pet insists on licking or chewing the incision, please call so that we can dispense a protective collar to prevent this activity.

SUTURES: Unless instructed otherwise, your pet will not have sutures that need to be removed. All sutures are under the skin and should dissolve on their own. If skin sutures are present, please make an appointment for them to be removed in 10-14 days.

DO NOT BATHE YOUR PET FOR 14 DAYS.

IF YOU HAVE ANY QUESTIONS, PLEASE CALL OUR OFFICE!

THANK YOU.

D.V.M

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